



Patrick Parker

Executive Coach & Facilitator

Executive coach and trainer with 20+ years of international experience in business education. 1-2-1 and group coaching.

Design and delivery of tailored workshops and learning journeys.

Experiential coaching, working with music, nature and animals, as a medium to invite enriching and regenerative change.

Founding partner of [Kokonati](#), a retreat for experiential learning journeys and socio-cultural events.

Contact

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Education

2021

PQ Positive Intelligence Program

2018

Executive Masters

Coaching & Consulting for Change

INSEAD

1997

Bachelor Degree in Theatre

Trinity College, Wales

Expertise

- Managing Stress
- Cross Cultural Awareness
- Leadership Inclusion
- Leader as Coach
- NVC
- Men's circles

Languages

English

French

Me Time

Running

Meditation

Jungle Gym!

DIY / Old cars

Experience

2017 - Present

CoAko | France

Coach & Facilitator

Executive coach and facilitator in company-specific executive education programmes, including course creation, design and delivery.

Deep interest in helping people, from young professionals stepping into leadership roles, transitioning into new careers, or senior executives and how to review and articulate what makes work personally meaningful to them and their definition of success. By creating a safe and reflective space, I help people become more self-aware so they can develop their leadership capabilities and leverage their personal strengths to thrive, grow, and become more fulfilled in their career and occupations.

2002 - 2022

INSEAD | Fontainebleau, France

Director, but not only...

Started as a programme coordinator and in 20 years I held seven different roles, with ever increasing responsibility and the good fortune of taking management courses at INSEAD, and the Executive Masters in Coaching and Consulting for Change (EMCCC) - looking at the systems psycho-dynamics of organisational behaviour and the different ways of facilitating change. Responsibilities covered organisation of executive training programmes, recruitment for executive degree programmes, degree programme management, operations, marketing, admissions and multi-cultural, multi-site team management. Final position was director of the EMCCC and the Executive Masters in Finance, as well as the ARAMCO Masters in Finance.

1997- 2002

Turkey, Austria, UK, France

English language teacher

Taught English as a foreign language whilst working out what I wanted to do in life. I learned many great things through living abroad, from getting to know people from different cultures and backgrounds and understanding and appreciating more where I came from. Taught in private and state schools and companies. Created language courses, wrote comprehension tests, organised cultural excursions and ran summer schools. This gave me my first taste of managing teams, hiring (and firing), client management and managing budgets.

References

Loic Sadoulet

Professor of Economics, INSEAD

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Simon Poole

Founder, Managing Director

Splash Projects

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